

**Forest City Dental**  
**Dr. Morad Alkhasawneh, B.Sc., D.D.S.**  
**2083 Wharncliffe Rd. S.**  
**P.O. Box 368 Lambeth Stn.**  
**London, ON N6P 1R1**

## **Instructions for patients who will be receiving Oral Sedation/Intravenous Sedation**

### **Before your Appointment**

- You **may not** have anything to eat or drink (including water) **Eight Hours (8 hours)** prior to the appointment. You should, however, take any medications that your doctor has directed you to take before your appointment with a small sip of water.
- A responsible driver (with a vehicle) **MUST** transport you to and from your appointment.
- You must arrange to have someone drive you home at the end of your appointment and assist you to your door. You can not go home by public transit.
- Do not wear facial makeup or nail polish. Wear comfortable, casual and loose fitting clothing. Please wear a short sleeve shirt.
- Contact us prior to the appointment if there has been a change to your general health (such as cold, fever etc.).
- Make a trip to the washroom just prior to being seated.

**\*Please bring your HEALTH CARD with you to your appointment.**

**\*\*\*Failure to follow these instructions may result in your appointment being cancelled.**

### **Following your Appointment**

- You must not drive a car or operate machinery for at least 24 hours.
- You may be drowsy for the remainder of the day and should be recovering at home in the care of a responsible adult until you are fully alert.
- Do not travel by public transit.
- Do not drink any alcoholic beverages for at least 24 hours.
- Do not sign any important papers or make any important decisions the day of your appointment.
- If you have any redness or swelling at the IV site, place a warm, moist washcloth over the area for 20 minutes at a time until redness subsides. If the symptoms last more than 2 or 3 days, call the office at the following number: 519-652-1067

**\*\*\*If you have any concerns following your treatment please contact us at: 519-652-1067.**

Special Instructions:

---

